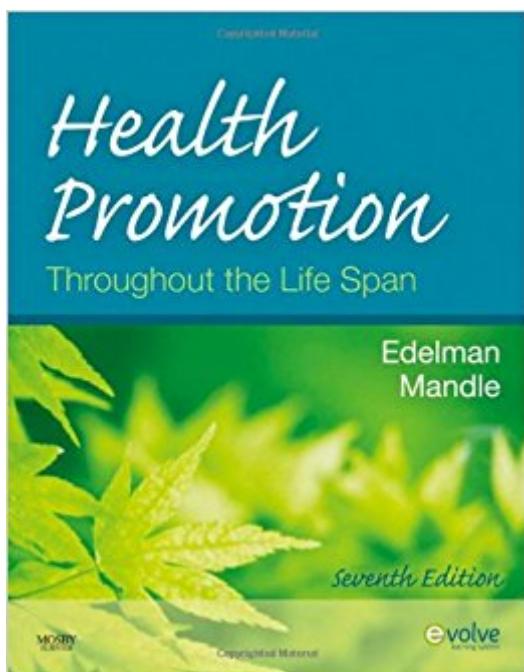


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# Health Promotion Throughout The Life Span, 7e (Health Promotion Throughout The Lifespan (Edelman))



## **Synopsis**

Up to date and easy to read, this textbook provides comprehensive coverage of all major concepts of health promotion and disease prevention. It highlights growth and development throughout the life span, emphasizing normal development as well as the specific problems and health promotion issues common to each stage. All population groups are addressed with separate chapters for individuals, families, and communities. **UNIQUE!** The assessment framework for this textbook is based on Gordonâ™s Functional Health Patterns and offers a consistent presentation of content and a health promotion approach. Extensive coverage of growth and development throughout the life span emphasizes the unique problems and health promotion needs of each stage of development. **UNIQUE!** Think About It boxes present a realistic clinical scenario and critical thinking questions. **UNIQUE!** Multicultural Awareness boxes present cultural perspectives important to care planning. Research Highlights boxes discuss current research efforts and research opportunities in health promotion. **UNIQUE!** Hot Topics boxes explore significant issues, trends, and controversies in health promotion to spark critical discussion and debate. **UNIQUE!** Innovative Practice boxes offer examples of unique and creative health promotion programs and projects. Updated nutrition coverage includes MyPyramid from the FDA, as well as the latest information on food safety and fad diets. Expanded health policy coverage focuses on global health, historical perspectives, financing healthcare, concierge medical practices, and the hospitalist movement. Health Promotion for the Twenty-First Century explores current and future health promotion challenges and research initiatives. Updated Healthy People 2010 data includes midcourse review objectives and an introduction to Healthy People 2020. Case Studies and Care Plans summarize key concepts and show how they apply to real-life practice.

## **Book Information**

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## Customer Reviews

This book is required for my Community Nursing course. I have completed more than half the book and am doing well in the class - but not due to actually having read it. To learn anything from this book takes mental acrobatics - seriously. The organization seems well-defined, but the actual writing is so poorly executed that reading it is slow torture. The authors use as many words as possible to define every concept, turning what should be simple definitions into paragraph long sentences. The chapters drone on and on, making it nearly impossible to simply sit, read and gain an understanding of community health. Each chapter takes you through Gordon's Functional Health Patterns to demonstrate how at every stage of life countless influences affect a person's health. Rather than taking a internal locus of control approach to health promotion, the book sees individuals as victims of life with little hope of overcoming all the obstacles to good health. As a previous reader noted, there is an overabundance of relying on government programs to ensure personal health. But the book actually goes beyond describing individuals as helpless and actually characterizes individuals of low social-economic status in ways that can only be described as stupid. For example, in the chapter on infancy, a description of the risks for homeless infants is that they will not have cribs or be held. No explanation of why poor parents will not hold their children, no citation of research on parenting styles of homeless (or even poor) parents. Just the assumption that if you are poor you don't hold your baby. When I showed some of my concerns to my clinical adviser she was actually offended at how ridiculously inept the book claims individuals are simply because they are poor. Very little useful information is offered, and what is is poorly researched. Citations are few and far between leaving me only to assume most of the information in this book is the opinion of the authors and should not be used for evidence-based practice.

Truthfully, this book was required for a nursing class but I thoroughly enjoyed it! It was repetitive at times, but it was filled with information that was necessary for my quizzes/testing and also for clinical practice. This is one book that I decided to keep after the fact. Sometimes that repetition makes the point stay in your mind! Again, a necessary book but a good companion to class.

Used this book for an (aptly titled) Health Promotion Throughout the Lifespan course. The book has 25 chapters, almost all seemingly written by different authors. After reading the entirety of the book, it feels as if Edelman and Mandle were simply the people credited for slapping other people's works between two covers, without editing for continuity . While I understand that having multiple authors throughout is an acceptable practice when covering such a broad topic (you want an expert in each area giving their expertise), this book would consistently contradict itself from one chapter to another. The only example I can currently think of is the advisory on when a child can start sitting in the front seat of a car. Some areas suggested age 12, other chapters recommended 13. This can be problematic for a student when an exam comes along, and the professor is using the test bank from the text. Which chapter did the question and answer come from? A small example, but me and my classmates came up with several throughout the semester.

The packaging was nice and the book itself was easy to read and very informative. However, the information in the book was extremely stereotypical to minorities. You'll definitely learn a lot about how bad African Americans and Hispanics have it.

Came completely brand-new. It's a relatively easy to read book

Just as described. Fast shipping.

Great book for class. Book came as described.

As described.

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